

Winter Indoor 26 Rules

Season Information:

Season starts Jan 5th-9th

Coed: Mondays- 7pm, 8pm time slots

Men's: Thursdays- 7pm, 8pm, 9pm time slots

Location: Star City Soccer Center- 3624 Aerial Way Dr, Roanoke, VA 24018

Women's: ~~Tuesdays 7pm, 8pm, 9pm time slots~~—Sundays 5:30/6:30/7:30 Lab Sports Performance- 1824 9th St SE, Roanoke, VA 24013

AMENDED RULE: if a team scores 8 unmatched points on a team, a player must come off the court from that team.

Cost:

- Returning players Cost-\$65 (Early bird special \$60 ends 12/7 and late fee \$75 starts 1/4/25)
- New players reg fee + \$20 MDCVSA insurance fee. This fee is a yearly fee and will be required by all players in Spring 2026 season.

Game Specifics

- 5v5 or 6v6 (will be decided the first week) with a team cap at 12 players (can have 14 if fm or free agent is added) Teams need 10 players to cover facility cost
- 2 25 min halves with 5 min halftime
- coed - min of 2 females on field
 - If not enough females, teams will play down a player for each female not on field.
- Cleats or turf shoes recommended
- Teams must have jerseys with individual numbers that match their roster
 - Each team is required to have an official uniform with permanent numbers
 - **All players must be wearing a MATCHING team jersey with a number. No jersey = no play for that player. START GETTING JERSEYS NOW!**

- **Exceptions- If a player shows up without his/her jersey, a pinnie or similar colored jersey with THEIR ROSTER MATCHING NUMBER can be used for that game only.**
- Shin guards are required
 - Shin Guards should be the appropriate size to protect the player's shin. Manufacturer shin guards without modifications are expected. Referees can refuse play if deemed altered or too small.
- Rosters are set by the **4th game**. No additional players after this date to be eligible to play in Playoffs/Championships
- Guest player subbing is allowed through regular season games. No Guest player subs for playoffs/championships
 - Players must be registered in the division they are subbing for. Example- If a player wants to sub for a coed team, they must be a registered player in the coed division/bracket and/or a dual registrant. A men's or women's division player who is only registered in the single division is not eligible to sub for a coed team.
 - No more than **3 guest subs** allowed for each game. (men or female)
 - We understand injuries occur and we want our players to be able to have a break from play when needed
 - All guest subs must be in good standing with the league (no red cards etc.)
- A referee will be provided at each game
- Games will start on the hour- clock will start.
- Rosters **MUST BE AVAILABLE** at each game and is the requirement of the captain to ensure only rostered players within the league are playing. Failure to do so will result in automatic forfeit.
 - NEW- FOR INDOOR- CAN BE **A DIGITAL COPY**

▪ **It is your job to make sure your players have their correct jersey number is listed on the roster.**

- Playoffs and Championships- Teams can only use their rostered players from time of registration.
- FIFA Laws of the game will be used accordingly except for:
 - True Futsal- no walls-Coed and Men's
 - One referee
 - Kick in vs throw ins
 - Punts by the goalie will not be allowed.
 - Goal kicks and throws must hit the ground before passing the half-way line.
 - Offsides will not be in effect.
 - If the ball hits the roof of the facility, it is considered out of bounds.
 - No slide tackling (AUTOMATIC YELLOW)
 - § If contact is made: Direct Free Kick
 - § If contact is NOT made: Indirect Free Kick

CODE OF CONDUCT

Offenses and Consequences (Discipline Committee Enforced)

- If the score is tied at the end of a regular game, the game will be recorded as a tie.
- Players or coaches ejected with two yellow cards are automatically disqualified from the team's next match. If ejected with a red card they are disqualified from the team's next 2 matches. (per bylaws)
- Players ejected or sanctioned by referees for sportsmanship reasons shall immediately leave the field and the area surrounding the field for the remainder of the match. Because of the seriousness of a sportsmanship sanction or ejection, the RSL board reserves the right to eject the offending player from all games for the remainder of the season and qualifies for no refund. The RSL board further reserves the right to refuse that player future registration to any RSL activities or leagues. Any such sanction shall be effected by a majority vote by the RSL board, and the board shall notify the ejected player by electronic communication within one week of the sanction or red card.
- A team forfeits under the following conditions:
 - At the scheduled start of a game, if any team has fewer than:

- 4 acceptable players for 5v5 (2 females must be on pitch)
- If a team has fewer than 'acceptable' number players at any time during a game..
- A team uses ineligible players. (non division registered players. Example: Coed registered players can only sub for coed matches. Players can duel register in divisions. Non registered RSL players)
- All cards will be documented on the player's profile.
- The incident will then be presented to the Roanoke Soccer League Board Discipline Committee.
- The player can submit their version of the incident to the board within 24 hours of the offense.
- The Discipline Committee investigate

GAME STRUCTURE

Regular Season

- Each team will play 8-10 games (depending on number registered)
- Top 4 teams go to playoffs/Championships
 - Single Elimination format
 - *Semifinals: Highest remaining seed vs. lowest remaining seed, other two teams face off.*
 - *Final: Winners of the semifinals.*

PLAYER RESPONSIBILITY

- Throw trash in receptacles
- Keep language PG
- Read the rules and bylaws even if your captain's didn't tell you to
- Make our League a place that people want to play in
- **DO NOT FIGHT**